## Incidents in the Outdoors: Cycling (On-road / Off-road)

### 245 Cycling Incidents

<table>
<thead>
<tr>
<th>Incidents</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>224</td>
<td>Injuries (for example: superficial cuts, grazes, bruises; muscular; dislocation; fractures)</td>
</tr>
<tr>
<td>21</td>
<td>Illnesses (for example: respiratory, asthma; abdominal, feeling sick, stomach issues, pain; fatigue, nausea &amp; dizziness)</td>
</tr>
</tbody>
</table>

### Most frequently identified contributory factors associated with cycling incidents

The values in brackets represent the number of times the contributory factor or relationship was identified.

**Governance, Education & Regulation**
- **Local Government - Facilities (2)**
  Maintenance of roads & paths (e.g. remove path hazards)

**Clients**
- **Schools - Decisions/Knowledge (2)**
  Send participant to program with pre-existing health condition
- **Parents - Communication (6)**
  regarding pre-existing health condition

**LOA Planning & Management**
- **Management - Policies & Procedures (1)**
  Inclusion of adequate risk management strategies
- **Program - Suitability (4)**
  Suitability of the track for activity; Suitability of activity for participant (e.g. fitness level, inability to ride bike)

**People Directly Involved in the Incident**
- **Group - Teamwork (8)**
  Communication about hazards or speed/direction changes; Spacing between riders
- **Participant - Experience (98)**
  Experience riding on the terrain or controlling bicycle

**Activity Resources/Environment**
- **Environment - Terrain (102)**
  Gravel/Sand/Mud/Rocks/Potholes; Unable to maintain line of sight; Steep terrain
- **Equipment/Clothing (28)**
  Cogs (e.g. sharp); Shoelaces; Familiarity with bicycle; Not wearing gloves.

### Most frequently identified relationships between contributory factors

- Group - Teamwork → Program - Suitability (2)
- Participant - Experience → Program - Suitability (2)
- Participant - Experience → Equipment/Clothing (3)
- Participant - Experience → Environment - Terrain (43)